



## APPETIZERS

### Truffle Fries 8 **VEG**

parmesan cheese

### Chicken Wings (6pcs) 13 (12pcs) 19 **GF**

applewood seasoned, served with celery and blue cheese or ranch dressing and choice of sauce: BBQ, Korean BBQ, Buffalo, Garlic Parmesan, Cajun dry rub, Carolina Reaper hot sauce

### Margarita Flatbread 14

marinara, fresh mozzarella, fresh herbs  
\*pepperoni \$5

### Teriyaki Chicken Pot Stickers 13

sesame ginger dipping sauce

### Shrimp Taco (3) 18

Chipotle grilled shrimp, in a flour tortilla with black bean salsa, chipotle aioli

### Garlic & Red Pepper Hummus Dip 14 **VEG**

hummus topped with, fresh herbs, served with grilled naan

## SOUPS

### Chicken Noodle Soup 7/Cup - 9/Bowl

### Soup of The Day 7/Cup - 9/Bowl

## SIDES 8

Sweet Potato Fries

Rosemary Truffle Fingerlings

Maple Glazed Carrots

Wild Rice

Side Salad

Grilled Asparagus

French Fries

## SALADS

### C2 Salad 15 **VEG**

spinach, arugula, pears, apples, candied pecans, blue cheese, beets, apple cider vinaigrette

### Greek Salad 15 **VEG**

kalamata olives, tomato, red onions, feta, cucumbers, Greek dressing, grilled naan bread

### Classic Caesar 14

romaine, parmesan cheese, croutons, Caesar dressing

### Cobb Salad 14 **GF**

iceberg wedge, bacon, tomato, cucumbers, blue cheese, eggs with ranch

### Arcadian Greens 13 **VEG**

cucumber, tomato, pickled red onion, shredded carrots

**Add Protein: 6oz Chicken 8**

**5pc Shrimp 11**

**6oz Steak 14**

**7oz Salmon 12**

## SANDWICHES

*All sandwiches are served with chips, side salad or fries*

### Build Your Own Burger 20

choice of cheese, bacon, fried egg, served with lettuce, tomato, pickle

### Turkey Club 18

smoked turkey, lettuce, tomato, bacon, roasted garlic aioli, choice of bread

### Grilled Chicken Sandwich 18

herb marinated grilled chicken, arugula, tomato, caramelized onion, honey mustard, cheddar on toasted brioche bun

### Grilled Cheese Sandwich 15 **VEG**

cheddar, provolone, Swiss, American cheese on sourdough bread

### Steak Sandwich 20

caramelized onions, grilled mushrooms, horseradish cream, provolone

~Applicable Sales Tax Will be Added to Your Bill ~18% Gratuity Added to Parties of Six or More~

\*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of

food borne illness, especially if you have certain medical conditions. **GF** (Gluten Free), **VEG** (Vegetarian), **V** (Vegan), **DF** (Dairy Free)



## ENTREES

### Herb Roasted Chicken 28 **GF**

airline chicken, maple glazed carrots, wild rice, Dijon cream sauce

### Grilled Salmon 31

asparagus, rosemary truffle fingerlings, sweet chili beurre blanc

### Mushroom Risotto 28 **VEG**

wilted spinach, parmesan crisp, wild mushrooms

### Grilled Bistro Steak 32 **GF**

rosemary truffle fingerlings, grilled asparagus, merlot demi

### Pork Chop 30 **GF**

white cheddar polenta, garlic green beans, apple cider jus

### Pacific Rockfish 29

delicata squash, sweet potato hash, peruvian pepper coulis

### Asiago Stuffed Gnocchi 25 **VEG**

sun-dried tomato & roasted garlic cream sauce, wilted spinach, shaved parmesan

### C2 Meatloaf 26

Italian sausage & sirloin blend, mashed potatoes, green beans, beef gravy

### Short Rib 31

garlic mashed potatoes, maple glazed carrots, merlot demi

## FLEXIBLE DINING

Tasty, versatile & nutritionally balanced dishes, available all day, everyday

### ANYTIME PLATES

#### Lox Bagel 16

plain Cleveland bagel, cream cheese, smoked salmon, capers & chives served with a selection of berries

#### Continental Breakfast 19

breakfast pastries, local cheese, hard boiled eggs & sliced fruit served with orange or apple juice

### NOURISH BOWLS

#### Southwest Couscous & Quinoa Bowl 22

cherry tomatoes, roasted corn, black beans, avocado, red onion, chipotle lime vinaigrette

#### Spicy Chicken 23

hummus, baby greens, shaved radish, garbanzo beans, green onions, cherry tomatoes, grilled naan



Relax. Restore. Reset.

At InterContinental Hotels & resorts, we want you to be at your best when you travel. Try Timeshifter on your way home or on your next trip to reduce jet lag. It's on us.



~Applicable Sales Tax Will be Added to Your Bill ~18% Gratuity Added to Parties of Six or More~

\*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of

food borne illness, especially if you have certain medical conditions. **GF** (Gluten Free), **VEG** (Vegetarian), **V** (Vegan), **DF** (Dairy Free)